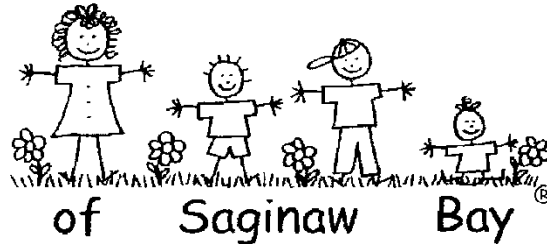


Care Management & Behavioral Health Services

Children's
Medical
Group



Purpose of group meetings

1. Sharing information-learning and teaching communication skills, usually about topics important to the group members
2. Creating solutions-solving real world, age appropriate problems with others who understand similar circumstances
3. Making better decisions-sharing and learning about resolutions to issues and problems, leading to better self-management and personal decision making
4. Building relationships-learning to build and maintain relationships with peers in a safe, trusted environment
5. Sharing inspiration-share and hear about ideas to become inspired about topics important to the person or group as a whole

Laurisa Cummings, LMSW

-Peer Mentor Groups

Katie LaFleur, LMSW

-Girls Self Esteem/Self Confidence Group

Angela Haas, LMSW, CAADC, CBIS

-LGBTQ+ Group

Office Locations:

Bay City:

248 Washington Ave
Suite A
Bay City, MI 48708
989-892-5664

Saginaw:

3875 Bay Road
Suite 1-S
Saginaw, MI 48603
989-793-9982

Groups held **VIRTUALLY**
through Zoom Professional!

- HIPAA compliant

Group ID and passcode
protected!

- Group ID and
passcode
provided with
invitation

Current Groups Available

Peer Mentor Groups:

Elementary Co-ed
Middle School-Gals
Middle School-Guys
High School Co-ed
-Led by Laurisa
Cummings, LMSW

LGBTQ+ Co-ed

-Led by Angela Haas,
LMSW, CAADC, CBIS

Self Esteem/Self Confidence-Gals

-Led by Katie LaFleur,
LMSW

**If your child is interested
in attending one of these
groups, please contact
our office at (989) 892-
5664 or (989) 793-9982.**